

1st Certificate in Urodynamics Course ICS/APNUG

In collaboration with APU

13th-14th January 2023

**Hotel Sana Silver Coast
Caldas da Rainha**

Programme



Friday, January 13, 2023

08:00 – 08:30 Opening | Registration

Module I

Introduction, Principles and Set-up of a Urodynamics Lab (4h)

08:30 – 08:45 **Welcome Session**

Luís Abranches Monteiro, Miguel Ramos, Ricardo Pereira e Silva, Rui Pinto

08:45 – 09:00 **Why is Urodynamics of value for daily practice?**

Miguel Ramos

09:00 – 09:30 **Clinical evaluation, Bladder diaries
and Frequency-volume charts**

Ricardo Pereira e Silva

09:30 – 10:00 **ICS – Good Urodynamic Practice Principles**

Rui Pinto

10:00 – 10:30 **Physical principles of Urodynamics**

Luís Abranches Monteiro

10:30 – 11:00 Coffee break

11:00 – 13:00 **Urodynamics set-up and equipment troubleshooting
– *nose to tail* (Real-life videos)**

Ricardo Pereira e Silva

13:00 – 14:30 Lunch break

Module II

Conventional Urodynamics (4h)

14:30 – 15:00 **Uroflowmetry in male and female patients**

Miguel Ramos

15:00 – 15:45 **Filling cystometry**

Rui Pinto

15:45 – 16:30 **Pressure-flow studies in male patients**

Luís Abranches Monteiro

16:30 – 17:00 **Coffee break**

17:00 – 17:45 **Pressure-flow studies in female patients**

Rui Pinto

17:45 – 18:15 **Artifacts and troubleshooting**

Luís Abranches Monteiro

18:15 – 19:00 **Trace interpretation**

Luís Abranches Monteiro, Miguel Ramos, Ricardo Pereira e Silva, Rui Pinto

End of Day 1

20:00 **Dinner at the Hotel**

Saturday, January 14, 2023

Module III

Specific tests, Videourodynamics and Reporting (4h)

8:30 – 08:45 **Urethral pressure profiles**

Ricardo Pereira e Silva

08:45 – 09:00 **Pelvic floor testing (surface and needle EMG)**

Ricardo Pereira e Silva

09:00 – 09:15 **Urodynamics in Pediatric patients**

Luís Abranches Monteiro

09:15 – 09:30 **Ambulatory Urodynamics**

Miguel Ramos

10:00 – 10:30 **Videourodynamics and neurogenic lower urinary tract dysfunction**

Ricardo Pereira e Silva

10:30 – 11:00 **Coffee break**

11:00 – 11:15 **Reporting in Urodynamics**

Luís Abranches Monteiro

11:15 – 12:00 **Trace interpretation**

Luís Abranches Monteiro, Miguel Ramos, Ricardo Pereira e Silva, Rui Pinto

12:00 – 12:15 **Questions and answers**

Luís Abranches Monteiro, Miguel Ramos, Ricardo Pereira e Silva, Rui Pinto

12:15 – 13:00 **Evaluation quiz**

13:00 – 14:00 **Lunch break**

Module IV

Hands-on training (3h)

14:00 – 16:30 **Training and interpretation of traces in simulators**

Luís Abranches Monteiro, Miguel Ramos, Ricardo Pereira e Silva, Rui Pinto
Attendants will be organized in small groups and will be able to analyze real life traces and practice interpretation and reporting

16:30 – 17:00 **Presentation of certificates and Closing Session**

Luís Abranches Monteiro, Miguel Ramos, Ricardo Pereira e Silva, Rui Pinto

End of the Course

Patrocínios



Organização

